



# GOOD SHEPHERD CATHOLIC SCHOOL 2021 TUCKSHOP MENU

ALL ITEMS CAN BE ORDERED ON ANY DAY FOR EITHER BREAK. (OPEN WEDNESDAY, THURSDAY AND FRIDAY)

1st Break 11am–11:40am      2nd Break 1:10pm to 1:30pm

Sandwiches or Wraps Add 50c for toasted. Gluten Free Rolls \$1 extra

PLEASE NOTE THAT ICE CREAMS AND ICE BLOCKS CAN ONLY BE PURCHASED OVER THE COUNTER AND NOT ORDERED ON THE LUNCH BAGS

**\*\*Due to health regulations the tuckshop cannot heat foods brought from home.**

**\*\*If your child has any food allergies please let us know on 4774 0477**

<b>SANDWICHES</b>		<b>MINCE BUNS</b>	
Vegemite or Nutella	\$2.50	Mince Bun Cheese & Sauce	\$5.00
Egg, Curried Egg	\$3.00	Mince Bun Cheese & Sauce (Gluten Free)	\$6.00
Egg & Lettuce	\$3.50	<b>BURGERS</b>	
Cheese	\$3.00	Cheese Burger (pattie/cheese)	\$4.50
Salad *	\$4.50	Chicken Fillet Burger (lettuce/mayo)	\$4.50
Ham (light leg ham)	\$3.50	Hamburger & Salad	\$5.50
Ham & Cheese	\$4.00	Chicken Burger & Salad	\$5.50
Ham, Tomato & Cheese	\$4.50	<b>OTHER ITEMS</b>	
Ham and Salad *	\$6.00	Corn Cob	\$1.50
Chicken (breast meat)	\$4.50	Boiled Egg	\$1.00
Chicken & Cheese	\$5.00	Small Chips (Honey Soy/Plain)	\$1.50
Chicken and Salad *	\$6.00	Banana Bread (gluten free available)	\$2.50
Spaghetti	\$3.00	Finger Bun	\$2.50
Baked Beans	\$3.00	Cup Cake	\$1.50
Tuna	\$4.00	Large Muffin	\$1.50
Tuna & Salad	\$6.00	Sao x 2 Vegemite	\$1.00
Fish Finger Sandwich (4 fish fingers buttered bread)	\$4.00	Sao x 2 Cheese & Tomato	\$1.50
Fish Finger & Salad	\$6.00	Fresh Fruit Cup	\$2.00
<b>*Salad includes:</b> lettuce, cheese, carrot, tomato, beetroot, cucumber		Jelly cup or Custard Cup	\$1.00
<b>SALAD PLATES</b>		Jelly & Custard Cup	\$1.50
Chicken & Salad	\$6.50	Frozen Yoghurt - 100gram	\$2.50
Ham & Salad	\$6.00	Fresh Yoghurt - 100gram	\$2.00
Tuna & Salad	\$6.50	Cheese & Crackers	\$1.00
Sauce Tomato or BBQ	.50c	Springy Apple	\$1.50
<b>PIZZA</b>		<b>DRINKS</b>	
Bacon & Cheese	\$3.50	Water 600ml	\$2.00
Ham & Pineapple	\$3.50	Flavoured Milk Popper	\$2.50
<b>HOTDOGS</b>		100% Fruit Juice Popper	\$2.00
Hot dog on Bread (BBQ or Tomato Sauce)	\$3.00	Slushy	\$2.50
Hot Dog on Roll (BBQ or Tomato Sauce)	\$3.50	Orange Juice Quench	\$2.50
Hot Dog on Roll (Cheese & BBQ or Tomato Sauce)	\$4.00	<b>OVER THE COUNTER ITEMS</b>	
<b>NUGGETS &amp; FISH FINGERS</b>		Ice Cream Tub	\$1.50
Chicken Nuggets Pack of 4	\$2.50	Lemonade Twist	\$1.50
Chicken Nuggets Pack of 6	\$3.50	Calippo	\$1.50
Gluten Free Nuggets Available		Cold Cups	.50c
Sauce	.50c	Zooper Dooper Small	.30c
<b>PIES &amp; SAUSAGE ROLLS</b>		Zooper Dooper Large	.50c
Meat Pies	\$4.00	<b>Bring your apple to school and we will slink it for free.</b>	
Mini Pie	\$2.00	<b>REUSABLE TUCKSHOP WALLETS ARE AVAILABLE FROM THE OFFICE.</b>	<b>\$10</b>
Sausage Roll	\$3.00	<b>Birthday Cup Cakes available for the classroom.</b>	
<b>PASTA</b>		<b>Please allow at least 3 school days. You can place your order with tuckshop or email.</b>	
Spaghetti Bolognese Or Macaroni Cheese 200g	\$4.50	<b>Call the tuckshop for more details.</b>	
<b>SNACK BOX</b>			
1/2 Vegemite Sandwich, Fruit, Cake, Cheese & Crackers and Slice Ham	\$5.50		
<b>Spoons, forks supplied with pasta, yoghurts, jelly and custard Varieties.</b>			
<b>All Items Subject to change</b>			

Good Shepherd has an easy to use online ordering App called  
**Flexischools**

Available 24/7

Convenient for parents, saves having to find change for your order.  
Download the Flexischools mobile app from App Store or Google Play  
[www.flexischools.com.au](http://www.flexischools.com.au)  
Phone 1300 361 769

Place Flexischool order no later than 8:30am on the day.

**Bags & cash orders will be phased out in Term 1 2021.**

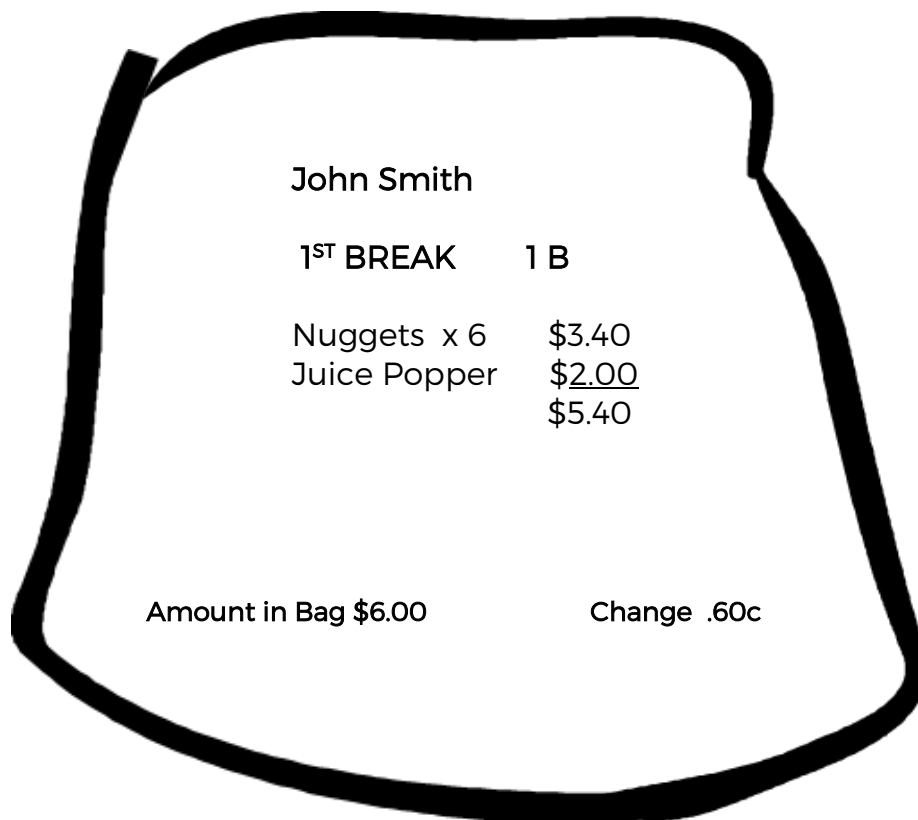
*Cash-over the counter items will still be available*

Please use **SEPARATE** bags to order **FIRST** and **SECOND BREAK**, writing clearly your **CHILD'S** name, **CLASS** and **ORDER** in PEN or TEXTA. No pencils please.

Please try to provide correct money in each bag. If enclosing money for both breaks in one bag please put money in **LUNCH** bag and include details on this bag.

***NO STAPLES PLEASE***

Place orders in Plastic Boxes in each classroom at the beginning of the day. Boxes will be taken to the TUCKSHOP by 9:00 A.M. each morning. If you do not have bags at home, write your order on the envelope containing money and put it in the box.



**Example**